

# Springfield Wellness Center

## Services Provided



### Preventive Care/Management/Screening

- Breast exams/ cancer screening
- Sports physicals; age 4 years and older
- Complete male annual/prostate exam
- Complete female annual/gynecological exams; Pelvic/ Pap smear/HPV testing
- Diabetic wellness exams & management
- Medication review/prescription initiation and management (i.e. hypertension, dyslipidemia, birth control, etc.)
- Seasonal allergy management
- Asthma management
- Infectious disease/outbreak management (whooping cough, lice, impetigo, shingles, norovirus, influenza)
- Tobacco cessation treatment
- Migraine preventive management
- Biometric screening

### Injury Treatment\*

- Burn and wound care
- Animal bites/scratches
- Lesion /mole and wart removal; biopsy of skin if indicated
- Splinting
- Abscess incision and drainage
- Suturing of lacerations
- Suture removal
- Nail removal
- Foreign object removal (i.e. splinters/glass)
- Muscle strains/sprains (non-emergency)

*\*Work related injuries are treated at the Wellness Center partner, Cascade Health on Suzanne Way in Eugene - please call 541.228.3100 for more info.*

### Illness

- Acute illness care (i.e. sore throat, colds, influenza, rash, sinusitis, ear infections)
- Abdominal disorders
- Sleep disturbance
- Depression
- Anxiety
- Urinary concerns and infections
- Sexually transmitted disease testing
- Rapid strep tests
- Mono testing

### Other Services

- Health Coaching
- Follow-up emergency room, urgent care, and specialist visits
- Pregnancy tests
- IUD removal
- Nebulizer treatment
- PPD Tests (Tuberculosis/TB)
- Ordering and interpretation of lab testing
- Ear lavage

### Referrals for

- Diagnostic imaging
- Specialist visits
- Physical therapy
- Mental health therapy/on-site counseling

### Vaccinations

- Tetanus, diphtheria, pertussis
- Hepatitis A
- Hepatitis B
- Influenza
- Pneumococcal
- Meningitis

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