



FOR IMMEDIATE RELEASE

February 21, 2014

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~ Media Advisory ~

KIDS YOGA AT THE SPRINGFIELD PUBLIC LIBRARY

Free yoga class for children 6-11 years

Kids 6-11 years old are invited to enjoy a Yoga Class at the Springfield Public Library on Friday, March 7 at 1:30. Certified instructor Brynne Blevins will help children explore movement in a fun, playful, and creative way. The program is free and is open to children ages 6-11 years.

What: Kids Yoga Class for children -11 years

When: Friday, March 7, 2014 at 1:30 pm

Where: Springfield Public Library Meeting Room

Additional Information: Online at wheremindsgrow.org/kids.html or contact Emily David (541)726-2235